

NH Board of Nursing

Position Statement and Clinical Practice Advisories Regarding the Role of the RN in Complementary and Alternative Therapies

The following grid contains responses to specific frequently asked questions pertaining to this topic. Training and competency for these therapies required per Nur 404.12.

Clinical Practice Advisory Summary – Complementary and Alternative Therapy FAQ

Activity/Question	Within RN Scope of Practice?
Acupuncture	Yes
Aromatherapy	Yes
Homeopathy	Yes
Hypnotherapy	Yes
Massage	Yes
Polarity	Yes
Reiki	Yes
Therapeutic touch	Yes

Additionally, the following sites can be used as references:

- American Holistic Nurses Association, <http://ahna.org/>
- National Center for Complementary and Integrative Health, <https://nccih.nih.gov/>